

46th Annual
Addiction Leadership
Conference



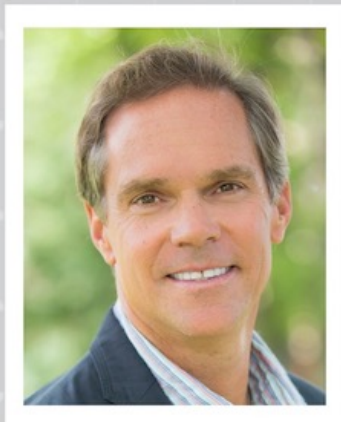
NATIONAL ASSOCIATION[®]
OF
ADDICTION TREATMENT PROVIDERS

Welcome
NAAATP
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Adolescent Programming
Dignified Treatment of Youth as Best Practice

Monday, May 19 | 3:45 - 4:45pm

NAATP
NATIONAL 2025
May 18-20 | Seattle, WA



Bob Ferguson

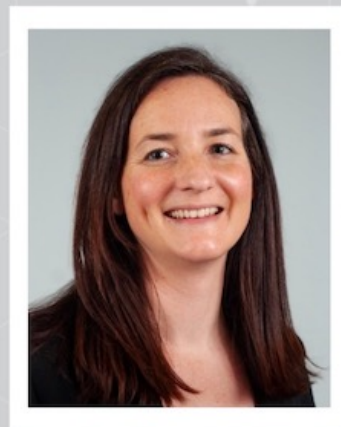
Moderator

Founder
Jaywalker Lodge/ Alpha 180



Mike Giresi

Chief Clinical Officer
Family First Adolescent
Services



Emily Hennessy

Associate Director
Recovery Research Institute



John Lieberman

Chief Operating Officer
Visions Adolescent
Treatment Centers

WORKSHOP Session

naatp.org/conference

Adolescent Programming: Dignified Treatment of Youth as Best Practice



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Adolescent Programming: Dignified Treatment of Youth as Best Practice



Emily Hennessy, PhD

Associate Director

Recovery Research Institute

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Disclosures

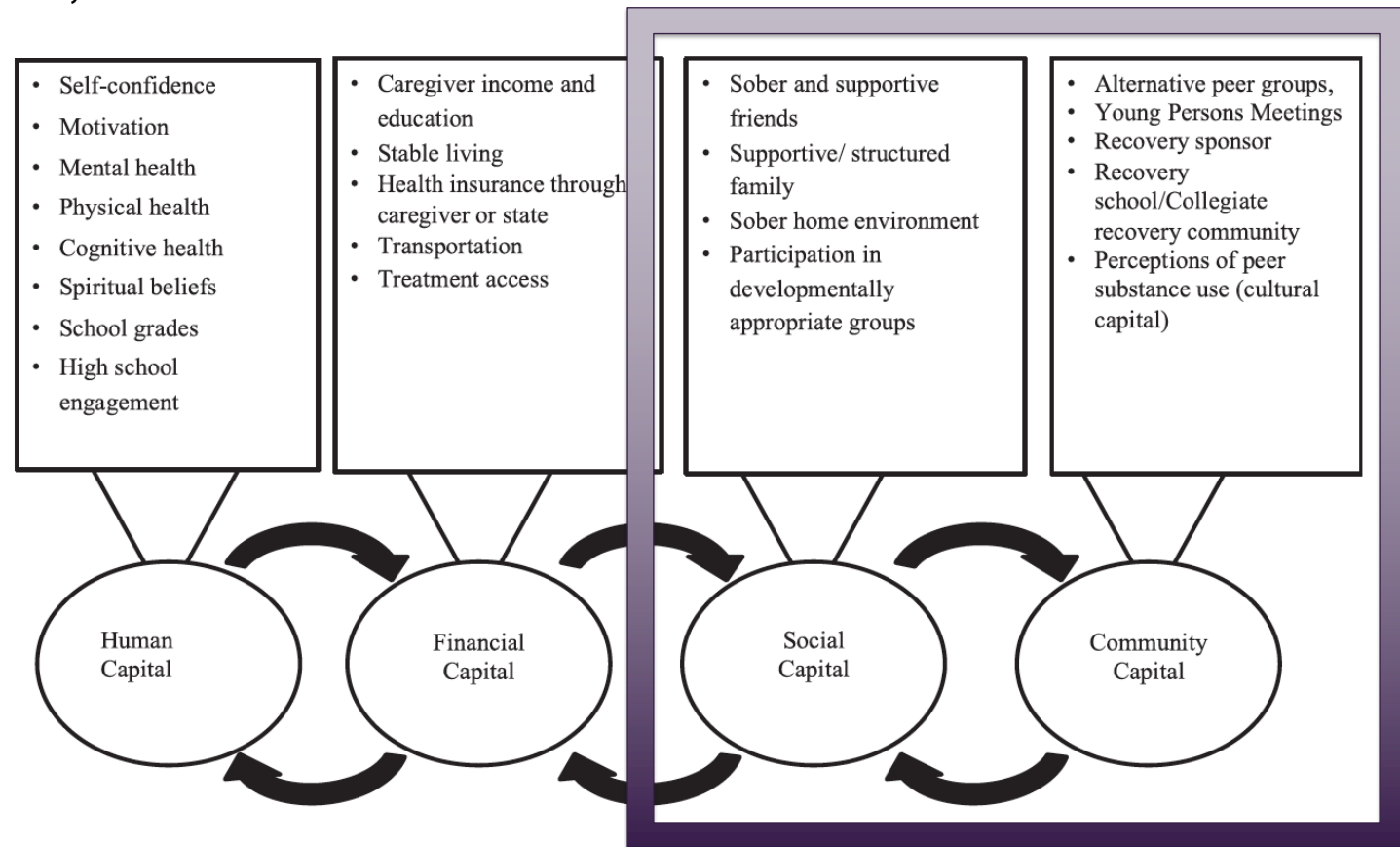
Some of the research presented is supported by funding from the National Institute on Alcohol Abuse and Alcoholism (K01 AA028536). The content is solely the responsibility of the author and does not necessarily represent the official views of the National Institutes of Health.

Key Principles to examining adolescent recovery

- Youth are not simply “mini” adults
 - This is a unique developmental stage
 - *AND* they can be active partners in treatment and recovery
- Substance use serves a purpose in their lives
 - Find out what matters... by asking them
- Context matters

RCAM: a proposed model of recovery capital for adolescents

Emily A. Hennessy^a , Julie V. Cristello^b and John F. Kelly^c



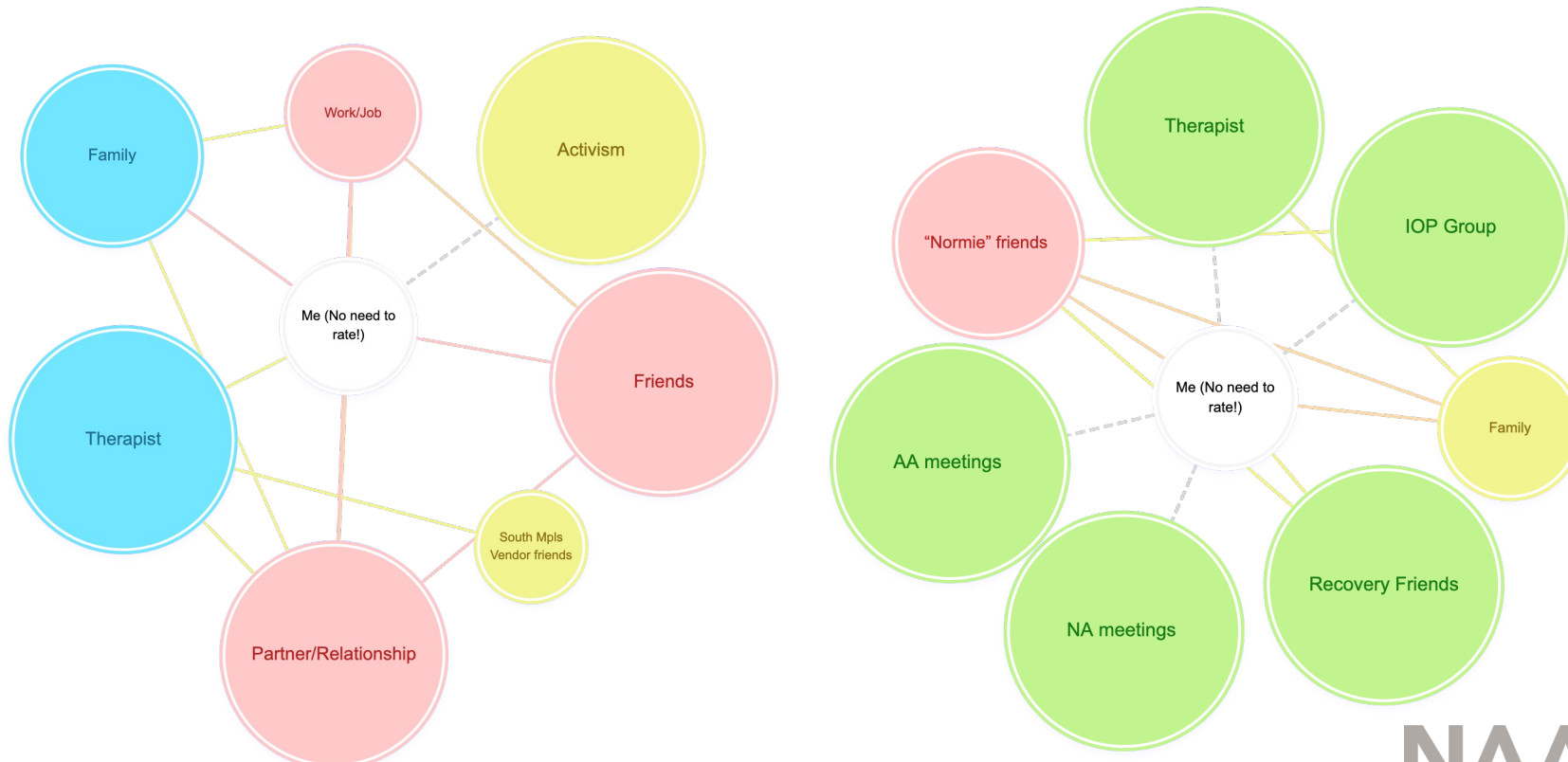
Family, friendships, peers, community



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[Meisel, Hennessy, et al., 2024](#); [Jurinsky... Hennessy, 2023](#); Brown et al. 2001; Chi et al. 2009; Ramo and Brown 2008; Ramo et al. 2012; Brown et al. 1994; Elswick et al. 2018; Heller and Russell 2015; Henderson et al. 2009; Hennessy et al., 2024; Liddle et al. 2009; Nash et al., 2019; Stanger et al. 2015; Tanner-Smith et al. 2013; Nash et al., 2015

Social Network Composition through Social Identity Mapping



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[Hennessy et al., 2024](#); Beckwith et al., 2018; Best et al., 2018; Cruwys et al., 2016; Haslam et al., 2017

Network Supports and Barriers

- Alcohol and drug use (n = 108)
- Conflict
- Belonging/Connection
- Identity and Stigma

- 29%: *no heavy use groups* in their networks
- 24%: *2 or more heavy use groups*
- 26%: *no recovery groups*

- Youth with more recovery groups had 3 fewer days of alcohol use than those with no recovery groups
- Youth with heavy substance use groups had 11 more days of marijuana use and 7 more days of other drug use than youth without any heavy substance use groups
- Youth with no heavy use groups or at least one recovery group had higher recovery capital compared to youth with at least one heavy use group or no recovery groups

Network Supports and Barriers

- Alcohol and drug use
- **Conflict (n = 108)**
- Belonging/Connection
- Identity and Stigma

~1 high conflict, 2 moderate conflict and 2-3 low conflict groups in networks: **Females** reported **slightly more high conflict groups**

- More **high conflict groups** associated with **lower recovery capital** ($r = -0.23, p < .05$)
- More **low conflict groups** associated with **higher recovery capital** ($r = 0.23, p < .05$).

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Network Supports and Barriers

- Alcohol and drug use
- Conflict
- **Belonging/Connection**
- Identity and Stigma

They let me talk to them about recovery and actually help me to set boundaries with them about what I'm comfortable with being around, never complaining or seeming upset if they can't use around me.

They pressure me to not smoke while encouraging me to activities to boost my mood. Together we find other ways to keep me busy and occupied.

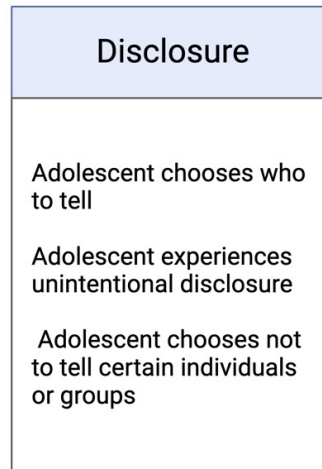
My college friends... encouraged me to be the best version of myself and work hard. And they also are really—make me excited about next year.

I usually go to the addicts or my sober friends, because I can tell them anything in the whole world and they won't say a single thing and be like get out of here.

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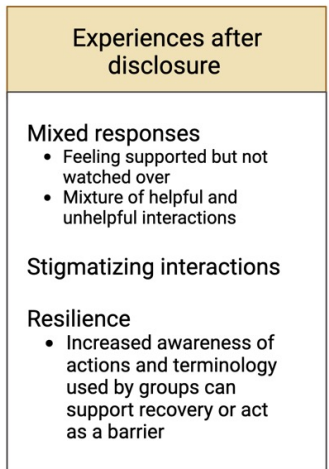
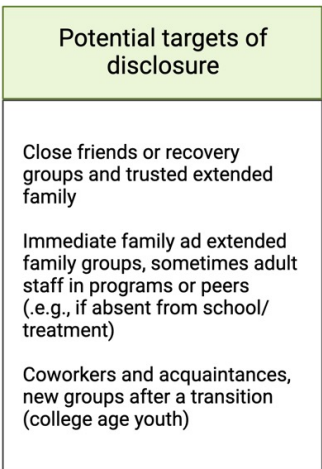
Network Supports and Barriers

- Alcohol and drug use
- Conflict
- Belonging/Connection
- **Identity and Stigma (n = 28)**



Word Usage

Preferred terminology (e.g., Person with an addiction, in recovery)



Word Usage

Disliked terminology (e.g., Addict, alcoholic)

Importance of “seeing” your network**

- Substance use among family and friends: *“I feel like I knew it, but, like, seeing it... there’s such easy access to me continuing to use”*
- Appreciated seeing progress: *“I may have some bad apples, but... the good support that I have completely outweighs the bad support... I have a good support group, is what I learned”*
- Use social network maps with therapist/school; Requests to see social network maps over time

Key Takeaway: Build Recovery Capital Through a Recovery Oriented System of Care Framework

Emily Hennessy

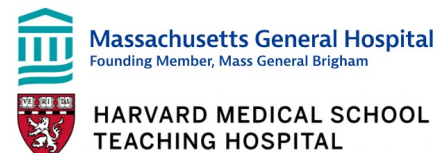
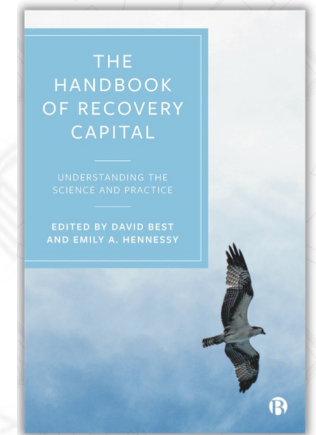
ehennessy@mgh.harvard.edu

recoveryanswers.org

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20% Event Discount

Use code HRC20 by 04/17/2026 via the website below



Upcoming Sessions

4:45-5:30pm

Open Reception: Empowering Your Organization Through NAATP Membership Offerings

Location: Willow Foyer

Sponsored By



Tuesday, May 20th

7:00-8:00am

Open Recovery Meeting: (12 Step Format – All are Welcome)

Location: Aspen

8:00-9:00am

Exhibitor Appreciation Breakfast

Sponsored By NAATP Board of Directors

9:00-9:30am

**Data-Driven Leadership:
The Foundation for Recovery Science and Education (FoRSE)**

Location: Willow AB

9:30-10:30am

**A Critical Analysis of the Use of Existing and Emerging
Technology in SUD Treatment**

Location: Willow AB

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